

*How To Reach*

*YOUR*

*GOALS*

*A Christian Perspective*

Dr. Fernando Garay

How To Reach Your Goals

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Tomas MPRF

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## Habakkuk 2:2-3

**Then the Lord answered me and said:**

**“Write the vision and make it plain on  
tablets, that he may run who reads it.  
For the vision is yet for an appointed time;  
But at the end it will speak, and it will not  
lie...”**

God shows us the importance of writing down the vision (the ability to see, a picture that you see in your mind, something that you see or dream especially as part of a religious or supernatural experience)  
Webster

God practiced this when He wrote down the Ten Commandments and gave them to Moises. Therefore, a vision is connected with a goal which is something that you are trying to do or achieve.

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## **Introduction**

Whenever anyone tells you that you can't do something, or that it is impossible to do—don't believe them. People are basically negative, and if they're not negative they're selfish. There are very few people out there that really want you to succeed. Why? Because it wasn't them that came up with the idea or goal you have or want to attain.

This is written to let you know that you can accomplish anything that you set out to do. The question now would be – how can you accomplish something that has always seemed impossible to you? There are a few steps that must be taken to do this. The first thing that you have to do is to stop getting advice from people who have never accomplished anything. Just because someone is older does not necessarily mean that they can give you good advice, and especially if they have nothing to show for themselves but the clothes on their back. They don't mean to give you the wrong advice is just that they don't know

any better. You must start getting advice from people who are doing well spiritually and financially. This is the reason why these two examples are stated:

1) An individual who is financially well off doesn't need or want anything from you. A person that has made a good name for themselves will help you unconditionally. They are usually friendly and humble people. They will let you know what works for them, and how it may work for you. Always stay open-minded towards these people because they are already where you want to be.

2) Always take advice from a person that is doing well spiritually. How can you tell them they are doing well spiritually? People who are doing well spiritually are meek and humble. They are more than happy to share their success story with you. They are usually gentle people, and most of the time they seem to be at peace. Their countenance shows that they are feeling good about themselves. These type of

people will usually let you know how God help them every step of the way.

For your sake, don't take advice from people that aren't getting anywhere. When you follow these simple steps you will be on your way to achieving the goal that you always wanted to accomplish. I'm taking a chance of being redundant, but I must once again state that you should not waste your precious time taking advice from those that are not getting anywhere in their lives. These simple principles work if you put them to work.

Remember that these are not the only two principles that I am giving you. There are seven chapters which must be read in order to get the full meaning of “How to Reach Your Goal.”

# **Chapter 1**

## **Goal Setting Is Of The Utmost Importance**

I will try and get to the point as quickly as possible. Why waste anymore time? It's time to get started and get going towards that goal that you have within you. The first step is to actually set a goal for yourself. Don't limit yourself. Write down the goal so that you can see it in black and white. It's a special moment when an individual writes down a goal with his/her own handwriting. When you see your own hand writing on a piece of paper things happened. You have probably heard about this concept before, but have you taken the advice. The reason why this concept will never die is because it works.

### **Get The Paper**

You must try and take constructive advice from people in order to accomplish the so-called impossible. Get a piece of paper and a pen, and at this point write down something that you would like to

accomplish in your lifetime. Regardless of what it is, write it down so that you can see it. Sometimes we will just sit there, and hesitate. Don't just sit there in a hesitant state. Go for it!

### **Now That Your Goal Is In Sight, Steps Can Be Taken**

After you have your goal or goals written down on paper, don't start saying to yourself this will never happen. If you say that to yourself, you are your own worst enemy. Always remember that Jesus Christ said that whatsoever a man believes about himself it would come to pass.

**Matthew 9:29, “Then He touched their eyes, saying, according to your faith let it be done to you.”**

The best thing to do is to just stay quiet about it, and keep it to yourself. Let this goal sink in and try and keep it within eyesight. I will emphasize on this later. It doesn't matter if it's a financial goal or

whatever type of goal it might be. Why am I so sure? There is a good reason for me to be sure about this concept. It has worked for me. Writing down a goal is just the beginning of your success story.

Now, you have to stay open-minded. All your life you probably have had some very good ideas. I don't doubt it. Why haven't they worked? What has stopped you from achieving that financial freedom or that spiritual joy? You probably have taken the first steps in some projects, and they started off well. Yet somewhere along the line you quit. Whatever you do, don't put yourself down in anyway. We have all had setbacks in our lives. We can't change that no matter how hard we try. The thing to do now is to realize that yesterday is history. There is nothing that you can do about the errors that occurred in the past. It's hard to forget about them, just don't dwell on them. These errors are the ones that intimidate us when we start a project. They remind you of your past failures. The errors from the past come to life when you are trying to

better yourself. They won't leave you alone until you quit the project that you have begun. Your past failures will try to haunt you until you quit. What do you do about them? The thing to do about them is to finally make a decision that you will stick by. When you make a decision within yourself that you are going to finish this goal, your past failures will stop haunting you. You must say to yourself, "No, this time I'm not quitting." It's as if it can be seen in your eyes. These thoughts from the past will flee from you because they know that this time you aren't going to quit. When you take a stand and say, "This is it!" -you have won the battle. The past will not and cannot keep you down anymore!

### **Today Is Today**

You have only today to live for. It is a very simple concept. As we proceed towards your goal, you must take it one day at a time. This is your new formula. In Matthew 6:34, The Lord Jesus Christ said, "take therefore no thought for tomorrow: for

tomorrow will take thought for the things of itself. Sufficient unto the day is the evil thereof. Notice that God said, "sufficient unto the day is the evil thereof." This means that in every single day of your life you will confront evil. This is a fact that must be faced up to with courage. Try and say to yourself on a daily basis that just for today you won't quit. It's important that you hear yourself say these words. This is how you will defeat the past. No longer can thoughts of past failures come into your mind due to the renewing process that you are going through. When you feel like throwing in the towel, say out loud that "just for today I won't quit." Just like Jesus said, never dwell on tomorrow.

Another trick that your mind plays with, is dwelling on tomorrow. Our mind is always trying to project how it will be once we accomplish the goal we are pursuing. When an individual starts to think about tomorrow, and how long it will take to reach that goal – watch out for trouble. Please do not dwell on your goal coming to fruition

right away. It's good to be able to conceive it, but never think to yourself of exactly every detail of how it would be like. The reason for this is that you don't want to build up false expectations. Just take it one day at a time. When you start to dwell on your goal, and more than likely you will, you will throw in the towel. What do I do? Immediately cast down the imagination. There is a price to be paid for success, and casting down any imagination that brings an anxiety of your goal coming to fruition is one of them. It's hard to do at first, but then it becomes a part of you. It is well worth it. Eventually you will start realizing that this time you will reach your goal.

### **New Self-Esteem**

As time goes on, your self-esteem will begin to raise dramatically. It starts to show that you have a purpose in your life, and more than likely people will want to know about it. When an individual starts living one day at a time, and handles the stress of the day on a daily basis, success is

inevitable. Your goal can and will come to fruition. Make the goal realistic. For example, if you are 60 years old and have no formal education, don't make the goal to become president of the United States. By the time you get out of school, you will be too old for the presidency. Just try and make a realistic goal. An example of a realistic goal is the following: have you always wanted to finish College, but kept on dropping out, this is the time that you can make it. If you never had a driver's license, this might be the time to go and learn how to attain one. There are so many realistic goals that I can mention, but I'm sure that you know what I'm trying to say. These are a couple of realistic goals, and following these principles they will come to fruition. It is inevitable that this time you will achieve your goals. Once again, there are many other illustrations that I could produce, but I am hoping that by now your own creative mind will produce a realistic goal for you.

## **Chapter 2**

## **Visualization Techniques**

There are certain techniques that you must practice which will ascertain that your goal is fulfilled. These techniques are called visualization techniques. They produce wonderful results, and are so simple to apply that even a child can do them. The main point that I wanted to stress, in the previous sentence, is that these techniques are "productive." Everyone of us has the God-given ability to see or form pictures in our minds. We are all born with this capacity. Now, you must try and see yourself accomplishing that goal. You must see in your mind's eye that the goal you want to achieve has come to pass.

## **Seeing Your Goal**

Look at yourself in that goal. If you have a problem with seeing yourself and your goal, you must take the following suggestion. There was a story in the Bible that relates to the situation. It was a man who had a son that was possessed by demons. These

demons would throw the child into fires, and into waters to try to destroy him. The father of the child asked Jesus Christ for help. He knew that Jesus could do anything. Jesus answered him and said, "If you can believe, all things are possible to him that believes." And the man answered him saying,

**Mark 9:23**

**"Lord I believe, but help me with any unbelief."**

That's what we have to do when we don't have the capacity to see ourselves in a particular position. Once you have asked the Lord to help you, He will help you. God is a good God.

Always remember it was He that gave you the ability to see yourself accomplishing that particular goal that you have in mind. See yourself living that goal. Sit down and close you eyes. Look at yourself, and keep looking. See yourself living that goal. If your goal is to have a big house, you must

visualize yourself in that house. Actually see the color of the house in your mind's eye. Picture in your mind the trees, and bushes that are in front of your future driveway. See in your mind's eye the entrance to the house. This sort of visualization is absolutely necessary to accomplish your goal. You can also go inside your house and see your bedrooms, and bathrooms. See the two car garage that you are going to have. Look at your swimming pool area, and the furniture on your patio. Keep practicing this technique. A few minutes a day should do. If you have a hard time being able to picture items in your minds, get a magazine and cut out a picture of the house that you will have. Then put this picture somewhere that you're able to see it on a daily basis. At first you are going to feel uncomfortable doing this (maybe not). Your mind will tell you that you have finally flipped, or perhaps you are becoming materialistic. However, if you do this process it will work. Put it to work for you.

## **Seeing The Picture**

Putting up a picture of anything that you are going to have will help you believe, more and more, that you have the capacity to obtain it. Jesus Christ said,

### **Matthew 9:29**

**"According to your faith let it be done unto you."**

Now, when God speaks, people listen. And He said, whatever you have faith for, let it be done unto you. If He said, whatever you have faith for, let it be done unto you-guess what? I'm going to believe Him.

What Jesus said in the previous verse is extremely deep. If you begin to analyze what Jesus was saying, it will make you start to realize that you can attain what you want. He was trying to show us that within us lives something extraordinary. All we must learn to do is to exercise the capacity to believe. If we "learn to unleash" this

capacity, nothing will be impossible to us. According to what you have the ability to believe for, that will be manifested in your life. You will never achieve something good when you can't believe you will be able to get. You must start believing that you can do it. No one should have to tell you that you can do it, you must tell yourself that it can be done. After a few days of seeing the picture hung up, you will begin to see that it is only a matter of time before the realization of your goal starts to materialize.

### **It Works If You Work It**

This procedure has worked for me, and it will work for you. I know it will work for you. God gave me these techniques to pass on to other people. He knew that I wouldn't be selfish and keep them to myself. God will help you every step of the way. If you are not selfish, and are willing to share your success with others- He will be more than happy to help you. Now it is all up to you. Take a simple suggestion for your own prosperity, and do the things that have just

been revealed to you. I must point out that you should not allow yourself to become impatient. Give yourself some time. Now that you have fully believed that you will have these things, they will come to pass. Don't put any specific time on it. It's good to plan things out, but if it takes longer than what you originally planned, don't get discouraged.

### **Lose A Few Pounds, Why Not?**

This procedure also works for losing weight. What I'm about to discuss has worked for me. For example, if you weigh 190 lbs., and you want to lose 20 pounds., do the following: get an index card and write down “I weigh 170 lbs.“. The letters should be 3 inches in height. Once again don't give yourself a certain amount of time for this to come to pass. Every day look at this sign and say out loud "I weigh 170 lbs. " It takes about 5 to 10 seconds to say this. It is well worth it. You must try and do this every day. After a little while, you will automatically start to visualize yourself at

this weight. I know that this sounds too simple. Nevertheless, you will start to realize that you're able to lose this weight no matter what. If you follow this procedure as suggested, it is inevitable that you will succeed. I'm writing this, after experiencing this phenomena in my personal life. Please don't let your ego get in the way, just do it for a happier you. Please don't add anything to this form formula or take anything away from it.

What happens with many people is that you show them something, and they try to do it their own way. They let ego get in the way, and they fail. You must watch out for that. Some people will say to themselves that they have a better way, and they will let this marvelous opportunity slip by. Don't let this happen to you.

### **Promised Outcome**

Stick to this simple plan, and I promise you that it will come to pass. You might be asking yourself, how can he write and say

that he promises a successful outcome? Once again, I would like to remind you that I write down the things which I have experienced in my life. Also, this is for everyone. This type of procedure will work for all willing participants. Stick to this simple plan and you will reach that desired goal. Do it today. You have probably tried doing things your own way in the past and they have not worked. Now, it's time that you try something new for the new you. When a couple of years have elapsed, please stay with the basics. Visualizing your goal is important. Keep this to yourself. Don't tell anyone because they will kill your joy, and belief. They don't mean to do it, but they do. To some people, many things are impossible because that's what they've been taught. After your goals come to pass, then and only then can you share what you did with others. You will probably want to tell someone about the techniques that you have learned just as the goal that you have envisioned is right around the corner. Please don't disclose your secret until your goal has manifested.

People will believe, at this point, because you will say it with conviction. This conviction only comes when you have reached the materializing point of your goal. Whatever you do, just keep believing in yourself. No one will believe in you, but only one person, that person is you.

So far, we have done two things: 1) Goal Setting, and 2) Visualization Techniques

Now, we will move on.

## **Chapter 3**

## **It's Time To Persevere**

It's time for the third instruction. This section deals with perseverance. I'm sure we all know and have experienced Mr. Perseverance at some point in our lives. Here is the part of this seven step process which separates those who believe in themselves, and those that don't. Believing in yourself is an important part of this process. You must persevere and continue to head towards your goal, and you must persevere in practicing your visualization techniques. Some people quit after one month of this simple process, others quit after six months. You must come to the realization that to get something done that is worthwhile will take some time. Jesus Christ himself took thirty-three years to get done what He wanted to accomplish. But His accomplishment will last forever. I previously wrote that some people quit after a month or six months. The reason that this was written was to let you know at what point people usually throw in the towel, so

when these moments come your way, don't throw in the towel. When things don't seem to be going your way, and it seems like you have made the wrong choice for the goal that you chose - remember, “This too shall pass.”

### **Don't Quit - Don't Quit**

Don't quit! If you quit now, you'll quit tomorrow. Don't quit. Say to yourself that this time you are going all the way. At this point you should be feeling somewhat enthusiastic. Jesus said, “***And all things, whatsoever you shall ask in prayer, believing, you shall receive it.***” This is very important. God said that whatever you ask Him when you pray, and believe you will get it, you will receive it. You have to pray. No prayer, no power. When you pray, God will help you believe that you can attain this goal. He will also help you persevere because you prayed to Him. Don't do it under your own will, let Jesus Christ help you. Don't quit. Say to yourself that this time you are going all the way. Say

to yourself that this time you are going all the way. You can always expect obstacles to be in the way. More than likely they will come from all directions imaginable. These will be normal things to go through even though they won't feel normal at all. Just keep realizing that no matter what, you will not quit!

### **Going Through The Fire**

Any successful person will tell you that to get where they are, they had to go to the many “fires.”

#### **Isaiah 43:24**

**“When you walk through the fire, you will not get burned.”**

What was prompted in Isaiah saying when he made this statement? Was the prophet perhaps a little bit crazy? Or perhaps he had a couple of bottles of wine, and he put his hand in the fire and nothing happened to him? Maybe, he meant every word he said, putting all jokes aside, brother Isaiah

meant every word he said. God wants to tell you not to quit. If you already have a goal you are trying to attempt, finish it says the Lord. The type of fires that God helps us in are precisely those times we get confused, and want to quit. **No matter what comes your way, keep your eye on your goal.** Jesus Christ is with you, and He wants you to succeed. If nothing tries to stop you, that's even better. But, no matter what, keep your eye on that vision.

### **Your Friends Will Try to Stop You**

Believe it or not your friends will try to stop you. When an individual is able to overcome, even when all hell seems to break loose, then you are persevering. Let's look at an example Jesus Christ left us in the area of persevering. In the book of Matthew we have an account when Jesus Christ was telling His disciples how He had to go to Jerusalem and suffer many things. He told them about the elders and the chief priests and scribes. They were going to kill Him, but He would be raised again in the

third day. Then Peter took Him, and began to rebuke Him, saying this shall not happened to you. (Matthew 16:21–22) Do you notice how His own friend tried to stop Him? At this point they had become more than disciples, they had become friends. And friends at times act emotionally, just like Peter did. When you have a goal, don't share it with anyone, unless you know within yourself, “beyond a shadow of a doubt,” that nothing can kill it. Peter didn't mean any harm, but because he was a friend of Jesus, he didn't want anything to happen to Him. Nevertheless, he was negating the vision that Jesus Christ had.

Jesus knew that He had to go to the cross. Jesus knew that He had to be crucified. Nothing was going to stop Him from reaching His goal. He had purposed it in His heart, and He would attain what He had in His heart regardless of what public opinion was. This is the way that you must go forth. Yes, this is the example given to us.

When you have a goal you must give your life to it. That's right. You must focus on the goal, and persevere until you get it. Just like our Lord and Savior did, we must likewise do. In the following verse (23), Jesus answered the individual that was trying to kill His vision. He said unto Peter, **“Get behind me satan, you are offending me...”**

After that point, not one of His close friends tried to hinder Him again. It takes a person with “guts” to accomplish a task that will change the course of society. Jesus was a man of “guts”, and when you begin to understand Him, those same “guts” come to your spirit.

### **You Have The Capability Within YOU!**

We all know that things can change from one day to the next. After experiencing hurricane Andrew, I can testify that change can occur in a matter of hours. Not only did hurricane Andrew force us to change momentarily, but for us here in South Dade,

Florida, the Hurricane changed our lives permanently.

But just because something like this happened doesn't mean that you have to give up the goal that you are trying to attend. If you don't get it for yourself, no one will get it for you. Don't let the issues of life stop you from succeeding. You're a creation of God, and you are an overcomer. Once again, if you don't get it for yourself, no one will get it for you. Don't let the issues of life stop you from succeeding.

You're a creation of God, and you are an overcomer. When you are praying, and asking God to guide you, you are well on your way. He gives you the spirit of accomplishment. He will teach you to attain the impossible, And to conquer any negative situation. The spirit that God has put within you has the capability to neutralize any negative situation. You have the capability within you, and you can accomplish this goal that you have in your

mind. You must persevere regardless of the storms in your life.

### **Don't Get Too Spiritual Or Spooky**

I truly believe that you can accomplish your goal. There is plenty of room out there waiting for successful people. Yes, you too can become successful and happy. Don't say to yourself that other people are successful because they knew somebody. Stop getting too spiritual, and put your faith to work. Perhaps you don't have the faith you thought that you had. If you are ready to admit to God that you don't have the faith necessary to accomplish your goal, He will give you the faith. That's how I approached God, and it worked for me.

One of the problems is that people don't believe in themselves. That's understandable, especially with all the negative people that you associate with. Some of those people may be those closest to you. Most people think that it is God's will for them to be poor. This is a

prime example of someone that is too spiritual. The Bible (Book of Ecclesiastes) says that money answers all things. The people who think that it is God's will for them to stay poor are lying to themselves.

### **Don't Lie To Yourself**

It is not God's will for you to be poor. That simply is not God's will for your life. God's will for your life is to have abundance. If you say to yourself that you've heard this before, maybe it's time you hear it again. Try and learn it this time. Don't be like those people that lie to themselves. They're just “copping out,” so that they don't have to work for a goal. Some people are just too scared to try because they might fail, and I was one of them. When I started my goal I had “the fear of failure.” The fear of failure is hard to recognize. I didn't recognize it, but somehow God brought it to light. I would somehow justify why I would not reach my goal. Sometimes I would think that the goal is not right for me, but God was with me. God said, **“Yes, the goal is**

**for you.”** When I started to lie to myself I would believe it. I wanted to believe. I was terrified within myself. What if I actually pulled it out and reached my goal? You mean then I would have to be responsible? I definitely didn't want any responsibility. However, there is a God in heaven who has purposed that:

**Psalm 1:3**

**“whatever I set out to do will prosper.”**

Jesus Christ was with me through it all, and because of Him I never threw in the towel.

**God Helps Us**

God help me, and He wants to help you. The reason some of you never reached a goal was because you never had God in your life. After you have gone through about 4 months toward your goal, you will say to yourself-hey, I'm on my way. As you continue to persevere one day at a time, you will start coming up with ideas that will help you in your life. This is also a

phenomena, all of a sudden you are on your way to a goal, your mind seems to believe that now you can accomplish other things also. God is about to revolutionize your life. Get ready! As you start coming up with new ideas, you get the feeling that your mind is born again. As you see yourself going for it, you will feel a high level of self-esteem. Perseverance knocks away many negative attitudes. Many of us have developed negative attitudes without even realizing that these attitudes are there. These negative attitudes are in your subconscious mind. However, perseverance makes a person feel very positive and defeats these attitudes. When a person is going through a dilemma, due to the perseverance in their lives, that “dilemma” will seem much easier to handle. You cannot be stopped. It's a new life, and your New Attitudes will make problems flee from you. Over time, when a problem rises, it will be turned to a **“growing opportunity.”**

## **Creativity**

God has given us a creative mind combined with an abundant imagination. In the book of Genesis we have an account that proves this statement. The following is found in:

**Genesis 2:19** “And out of the ground the Lord God formed every beast of the field, and every fowls of the air; and brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof.”

Adam named every living creature according to the Scripture. He had the creativity in him to be able to do this. That same creativity is in all of us. Adam didn't have to pray about it. It was already within him. God put it in him, and he was not scared to unleash the capability that he had within him. Adam is an example for us. Once you have learned to use this imagination positively, “**lookout world for**

**here I come!”** That is exactly what you will feel like, and it’s much more than a feeling. It is reality. You are going to start feeling good about yourself and others around you. It is my heart’s desire for you to experience what I have written about. It’s a tremendous breakthrough and spiritual awakening for anyone when they continue to strive for a goal. Especially nowadays when people are telling you that you can’t do it. As you continue to persevere one day at a time, through good times and bad times, don’t forget to stop along the way to smell the flowers. I need to mention that many times during your voyage you will encounter spiritual pain. This pain is very hard to deal with, and it comes at a point when you think that you should be closer to your goals than what you actually are. This pain is very deceitful. Many people throw in the towel at this point. Don’t quit. Sometimes you can get stuck at one of these stages. You might have to do a stage five or six times just to continue towards your goal. Perseverance is a must at this point. Depression and oppression will try to come

into your life. They are very subtle. You must fight these forces, and win the battle. You will win because you have a goal. It's not an easy price to pay when you want to reach a goal. You will experience growing pain. A person must have spiritual strength to get to that goal which has been written down on a piece of paper. Perseverance increases spiritual strength. The main thing you must realize is that you are going to encounter many walls in your journey. What I means is that many obstacles will try and stop you from succeeding. You must overcome these obstructions one day at a time. There are many people who have already reached certain goals by working these simple instructions in their everyday lives. You will be one of them if you choose to be. Through your voyage I suggest that you read this book again. Always remember that you can do it. Say out loud to yourself, **“Yes, you can do it.”** The past is history, and today is your future. No matter how many times you have failed, in the past, from reaching certain goals, this time by following these steps you will do it.

All you have to do is follow the instructions and do it!

In the following chapter, I will show you what steps to take, so that you can receive spiritual strength. Once again, I suggest that you stay open-minded. I want you to reach your goal. That is the whole point of my life, to help people in anyway or form, and to let you and others know that they can do it. **This is for you.** The following chapter is the heart of my book, and it can be the heart of your life also.

## **CHAPTER 4**

## **Spiritual Help**

All of our lives we have known about God. Most of us have called Him in our time of need, and have prayed to Him earnestly during those times. God has also somehow let us know that He heard our prayers when we prayed to Him. An example of this for me was when I wrote Jesus Christ a letter. As I was writing the letter, I remember that I was crying. At that time I was about sixteen or seventeen years old. At the time that I wrote the letter, my faith was as a little child. I definitely didn't know the Scriptures back then. One thing that I did know was that with God all things are possible.

**Matthew 19:26 “With God all things are possible.”**

I must have heard that somewhere prior to that moment, but I don't know where. Anyway, the very next day after I had written that letter somehow my family member showed up at my apartment. I didn't know that they even knew where I

lived. The main point that I’m trying to make is that Jesus did answer my prayer. I had a broken heart and Jesus Christ intervened on my behalf. The Bible says that God is close to those with a humble and contrite heart. We find this statement made in

**Isaiah 57:15 “...I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones.”**

When I was going through that part of my life, I didn’t know that the Bible said these things. One thing I do know is that when they showed up at my apartment, I was revived. This is the absolute truth. God answers and leaves people in awe of what He can make out of nothing, as He has made something out of me. He is having His glory manifested in me. I write this because I want you to know that God can help you along your voyage, and He wants to manifest His glory in you. **Jesus Christ wants you to reach your goal.**

## **Ask And You Will Receive**

The first thing that you must do is to ask Him for help. He is a friend that sticks closer than a brother. Ask Him to come into your heart. If you really want to accomplish something in your life that is going to be joyous, do this. Say to Jesus, “Come into my heart”, if He’s not invited, He won’t come in. You do this out loud so that He can hear it. Yes, He knows your thoughts, but inviting someone verbally is more effective. There is something extra special when a person says the words out loud. This part is very important for your journey. Jesus wants the very best for you, not second best, but the very best. It’s not going to be easy, but with God on your side, things change for the best. You don’t have to trust me, but please trust God. (No one can lie to God and get away with it). When you ask Him to come into your heart, also ask Him to forgive you of your past sins. Believe me when I say that we all know what sin is. Sin is what has stopped many good people from continuing to

persevere towards reaching their goal. God is more than happy to forgive you, and not only does He forgive you - He forgets all about it.

## **Trust God**

God loves you and wants the best for you. You don't have to trust me, but please trust God. God loves it when you count on Him. He wants you to depend totally on Him as a child depends on their parents. **ALL THINGS ARE POSSIBLE WITH GOD.** After you have asked Jesus to come into your heart and repented of past sins, then you are ready to take the next step. You must find a place that will teach you spiritual principles. All you have to do is ask God to guide you to such a place, and when you ask Him, trust Him totally that He is more than capable to perform this task. This is a fresh start for you. You can start all over again regardless of age. As this is all happening, keep your mind's eye focused on reaching your goal. Keep the vision fresh. The reason that finding a place

for spiritual growth is important is because your faith in God will increase. At the same time, you will meet people that have been able to become successful through learning about the teachings that are found in the Bible.

### **A Live Church**

The place that I belong to is a very lively place. We believe in the Father, the Son, and the Holy Spirit. It is common to hear people speaking in tongues, and also dancing unto the Lord. We are not hesitant in raising our hand to God as an expression of worship and praise. God is not a boring God. How could He be boring? He promises everlasting life. That must mean that God is very creative and with Him we will never get bored. Who would want to go to a place for eternity if it is boring? Ask God to please bring you to a place where joy is, and where you fit in perfectly. He is the Almighty, and when someone petitions the Lord for help, He answers. However, you cannot take advantage of this-always

ask Him for things that pertain to His purpose for you life. The most important thing about the church which you should attend is that they teach and preach the Word of God. Many people have stereotyped God as a boring, punishing God. That isn't true about Him at all. He is far from boring. When you read some of the stories in the Bible, you begin to realize that He is far from boring.

### **David and Goliath**

One of my favorite stories in the Bible is the one of David and Goliath. David was a little teenage boy. He wanted to fight the champion fighter of the enemy's camp. The champion's name was Goliath. Goliath was a giant in stature. Everyone was very afraid of him, and they were certain that David was going to get killed in the fight. However, The Lord Almighty had a different plan. In those days they fought until someone was dead. But David had **faith** in God. David went to the fight with a slingshot as his weapon. He said to Goliath

that he was going to kill him because God was on his side. David picked up a rock and placed it in the slingshot. He fired the pebble and hit Goliath on the center of his forehead. Goliath dropped dead. That's exactly how God wants to help us. He wants us to know that He is on our side. People might laugh once in awhile because they don't have the faith that you do. They will even try to ridicule you into losing that faith. Goliath laughed at David when He said God was on his side. David did not lose his faith due to this. He took action. The enemy will always try to intimidate you, but you must take action. Whatever you do, stay with people that have faith, and continue to keep your eye on that goal. Any Goliath (circumstance) which comes against the word of God for your life will be defeated and destroyed!

### **Call On Jesus**

Whenever you confront a situation that you think is too much for you, call on the Name of Jesus. You are His child and as long as

you continue to call on the Name of the Lord, He will help you. Even if you have to call on His name repeatedly. Jesus will never get tired of answering your call because He loves you; therefore; don't get tired of calling Him. I also recommend that you sit down once a day and talk to Him. He is invisible and you can't see Him, but He is there. Don't expect audible answers because you must learn to live by faith. Your faith is what He wants. Many people start out with some faith, but they get impatient because things don't start to happen right away. Don't ever think that He doesn't see. God knew you before you were born. The way to keep you faith is by doing the following.

### **Faith**

Keep your faith by speaking to people that have faith. Make new friends with people who have faith. It will rub off on you. God loves faith;

**Hebrews 11:16**

**“without faith it is impossible to please Him.”**

This is a chance to finally show yourself that you will reach the goal that you have written down. God is not the author of confusion. He will not come to you and say change your goal if you are in the middle of reaching your goal. Always trust God that no matter what, He is the one guiding you. You must remind Him everyday that you need His guidance. Having this sort of relationship with the Lord will help; you stay close to Him. If you take these suggestions you will feel the presence of God in your life. There is no doubt about it. Some people have a difficult time feeling the presence of God because they think they know it all. But as long as you are willing to take suggestions, God will help you.

## **Humble**

Do you realize that when you take suggestions that you are being humbled by the acknowledgment that you need help? God loves the humble in spirit. He gives grace to the humble and resists the proud. When a person is willing to take advice, God will not let them down. One of the main things that you should do at this point is to **TRUST GOD COMPLETELY**, and do not lean on your own understanding. Leaning on our own understanding opens the door to stress. If you are a person that wants to reach the goal of your life, for the first time in your life, I can confidently say that your time is here, if you follow these suggestions. Don't ask yourself, why now, and not before? The reason that you didn't make it before is that perhaps you didn't have proper guidance. The guidance that you are getting now is from the Holy Spirit, and you know that with Him in your life you won't fail. Now is your time to reach that goal.

God has a time for everything and your harvest is here. God does things when it pleases Him. Praise Him that He doesn't do things when we think it's time. Trust Him because His ways are not our ways, and His thought are not our thoughts. There is no coincidence that you are reading this. You need to reassure yourself of these principles.

Now, we will move on to the next chapter which is just as critical as every chapter. This deals with taking advice. Taking advice is a turning point for everyone. We all need to be able to take advice. Not all of us want to take advice, but it is important that we learn to. Why is taking advice critical?

## **CHAPTER 5**

## **Taking Advice**

Why is taking advice so critical? The answer to this question is that if you don't know how to receive advice, you will not be given any. Don't think for one second that you know it all. If you do, it can hinder you from the ability to reach higher goals. Someone is not going to waste their time giving you advice if you are not going to take it. A person with some degree of discernment has the capability to know if the advice which was freely given to you was not acted upon. The old story of the boy crying wolf may come back, and cause you stress. One day you may want to speak to the person who gave you good advice previously, but you discarded what they told you as fallacious. Now, you come to realize that they were right, and you begin to find a way to be able to communicate with that individual once again. Through much research you find out

where they are. When you finally get to speak to them again, and start asking them for their input toward solving different problems, they might not give you their best advice due to the fact that you never executed what they had told you in the past. It can happen to anybody.

To reach goals, an individual must learn from others. The reason that most of us have not reached our goal is because we are not willing to take instructions from other individuals. Now is the time that you should say to yourself, I will try to stay open-minded about the advice others are giving me. Perhaps, you dislike someone’s personality, I know that I have. However, you should stay open-minded to what they are stating. **Listening to others is an art that must be mastered.** I am by no means trying to say that you should take everyone’s advice. What I am saying is that we should stay open-minded of other’s advice. Remember a golden rule:

**Matthew 7:12**

**“Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.”**

### **Not All Advice Is Good Advice**

God knows when you are trying, and He will help you to receive the best advice. There have been times that I have taken advice from people which I did not particularly like. In other words, if the personality of the individual giving the advice is not to my specifications, I must nevertheless acknowledge that what is being said is proper and correct. Therefore, I put aside my dislikes and prejudices and accept the truth. The plans on being successful in life will be manifested as you reach this point. It does not happen overnight, but it will come to pass.

### **Pride the Sneaky Killer**

After you have attained a certain level of success, it does not mean that you can stop taking advice at that point. It is better

to practice saying to yourself, “Hey look how far I have come by listening to others, and doing things their way.” Sometimes advice hurts our pride. We can not, and must not, let our pride stop us from going in full pursuit of our dreams. Pride is one of the main killers for individuals who have attempted to reach a goal in their lives. Pride will try anything it can so that you will not reach your goal. Pride will tell you - “Don’t take his advice because later on he will say that he made you who you are.” Pride will say “I don’t need any advice.” Let me assure you that we all need advice, and the more counsel we get, the better we are. THEREFORE, TO REITERATE A PREVIOUS PRINCIPLE, make sure that your advice is from a source that can verify that what they are stating is not merely a few words that sound good. To simplify what I’m saying is that the individual who is giving you counsel should be a reflection of what they are saying.

Let’s look at ***Proverbs 13:10 “...But with the well-advised is wisdom.”***

What am I trying to point out to you? Look very closely. It is said that if you are well advised you are wise. That is a very powerful statement. God is saying that if you take advice you are wise.

Now let's look at ***Proverbs 8:12 “I, wisdom, dwell with prudence, And find out knowledge of witty inventions.”***

It clearly states that the wise are those who have wisdom dwell with prudence, and find out knowledge of witty inventions. Can you see that wonderful domino effect taking place? First, you become an individual that is well advised. Consequently, you become prudent and you will find out knowledge of witty inventions. Moreover, it is only logical and highly probable that it is inevitable that due to this, you will become financially independent. If you have a witty invention, people are going to pay the price for it just like you pay the price for what others have invented in this present age. Sometimes inventions become a need for the people, and if it's a need they have to purchase it. If

they have to purchase it, you will receive the proceeds from the purchase of the need which you have created. Undoubtedly, your financial independence is on the way.

### **Destructive Cloud**

I used to think that since my bills were paid every month, that I had it altogether. Due to this attitude, I used to think that I didn't need any advice. But, one day the very merciful God and Creator of heaven and earth, woke me up. He released me from that destructive cloud. Now, I have learned to listen so carefully to people that I can hardly believe how good a listener God has made me. My way of thinking has changed. Nowadays my pride can be put to the side. It hurts that macho man inside of me but, who needs to be unsuccessful and macho? I would rather be successful with money in my pocket than a proud fool pretending that I'm somebody who I am not. Thank God for the destruction of the destructive cloud in

my life. These destructive clouds are attitudes which must be changed.

Since the removal of those clouds in my mind, I have been able to reach the goals which I have written down. These principles are made for everyone, but not everyone is made or willing to follow these principles. My sincere belief is that these principles are designed for you. As I write, I can sense that these principles will bring much happiness to those who are willing to follow them. Taking advice sounds easy, yet many individuals have to work hard to accomplish it. It is all a matter of swallowing your pride. Always remember, however, that all advice is not good. Discernment must be in the proper perspective to see what advice is best for you.

### **Getting Smart**

People get smarter by listening to other people. Think about it. Jesus gave His disciples advice. What did they do after they were taught? They did exactly what

Jesus told them to do. They became smarter people and happier people. When you're walking around with God's anointing and power, you are smart. The principle here is that they listened, and did exactly as they were told. They did not try to do it their own way, but they did it the adviser's way. Guess what? It not only worked out, but it changed the course of history. Don't always do it your way-try it the way someone else has done it. Listen to them. As stated earlier, advice should be taken into consideration, especially if the person giving the advice is doing it unconditionally.

### **Unconditional Advice**

Unconditional advice is profitable advice. This is because the counselor does not want anything back. There are still many people in today's society that are willing to give a helping hand at no cost. If someone of this caliber comes into your life, it is recommendable that you get to know that individual. If at all possible, become their friend.

The more you are surrounded by people who make you feel good about yourself, the more your level of self-esteem rises. Consequently, the goal or goals that you are trying to accomplish become more realistic. But, if you are continually surrounded by people that are always complaining and arguing about matters that are unimportant, it will rub off on you without you realizing it. And before you know it, you will quit the goal that you are attempting to reach. Don't associate with complainers. You must get them out of your life for your own good. Probably, they never accomplished anything that was fulfilling, so all they do is talk about how the world owes them something. If someone in your family is like that, I suggest that you move out of your home (if you are old enough), and keep in touch via long distance. I'm writing from experience not just something I merely created or I'm trying to create. Once I moved away from complaining people, my state of mind was at a more positive level than ever before.

## **God Has People, Talk To Them**

A high recommendation would be that you look for advice from God oriented people. Talk to those who have strong Christian values and believes. Pick out someone who is doing much better than you, don't pick someone who is at the same level as you.

If you pick someone that is at the same level as you, it would be like the blind leading the blind. The closer you stay around the people of God, the better you are. Their faith will begin to rub off on you.

You will learn things like: **“With God all things are possible”** or **“God knows the plans He has for you, to give you a future and a hope.”**

When you ask God for His help, your life will get better. Please be patient with

yourself, and remember that something that is worth attaining does not come overnight. It comes with hard work, tears and fears-but at the end, when your goal is achieved, just remember Him. As you acknowledge to yourself where it is that your strength comes from, other goals will undoubtedly come to fruition.

You are about to change, due to the embarkment of the vessel called the “Vessel of Hope.” Your appearance will change, and you are going to feel much better. As your countenance begins to change due to your new aspirations, your self-esteem will be projected to a level of high viscosity. Those who refuse to take advice will reflect otherwise. Let's face it, there will always be someone that is in a better position than you. Regardless of the abundant amount of accomplishments that an individual may have obtained, you will always find someone who has surpassed your attainments. Where does that leave us? That leaves us with realization that “we are not the only fish in the sea.” In other

words, we don't know it all. This is reality and it is a positive one because it will keep you from getting puffed up. Usually, as I have analyzed, people with high self-esteem are not puffed up. How could that be? People with high self-esteem are individuals who like people. They are not gossipers or troublemakers. These type of people are good to get to know, because it will rub off on you. These are the type of people you should take advice from. They will let you know that, yes, you can accomplish your goal. God is with you all the way. Don't be afraid! Go for it! **No matter what – keep your eyes on the goal you have written down!**

*“How to Reach Your Goals”*

## **CHAPTER 6**

## **Open Mindedness**

In this chapter we deal with being open-minded. Being and staying in this frame of mind is important for everyone. This is one of the differences between high or low self-esteem. A person with high self-esteem is willing to hear another persons idea. In contrast, a person with low self-esteem is just about the opposite. They think they have the answer to everything. They think that they know it all or they don't feel worthy of new ideas. There are many good ideas. It is crucial that we start to listen with understanding. Realization must take place within each individual which states that we are not the only ones with a good idea, but that there are many good people out there with excellent and inspiring thoughts.

## **Progression or Regression**

Being open-minded leads to progress. Many people have lost good opportunities because they were too hard headed to hear new ideas. That is why we can't think that we know it all. A new opportunity will arise, and if we don't change our way of thinking we will miss it. The only way to see the opportunities that are good for you is to stay open-minded. Taking this type of attitude is good because it causes an individual to be humble, and in turn, doors start to open. No one will want to bring you into their business as an employee if you think that you know more then the person that is running the business. It's good to maintain a teachable attitude. If you keep an attitude of teachability, it will make you smarter. This is a way of life that create successful people. That is how God wants you to be. God will help you in everything that you do. He will bring people around you to give you ideas, but if you are not open-minded you will miss it. Having an open minded attitude also broadens your circle of friends. Your ability to carry on a conversation about any topic without

catching any resentments will increase. This is extremely important for you. When you learn to converse with another person, although they may have different ideas than you, it shows your maturity. All of these techniques are great for public relations. Having this mentality will make reaching your goal inevitable. In the process, your mind is being renewed to an appropriate way of thinking. It's great to take advice. You will proceed toward your goal with a new outlook, and future goals will be conquered with a more tranquil attitude. The main thing right now is to reach your goal; this way you can see that you have the capacity to do it. The feeling that comes over you at this stage is very precious. Finally, you have reached your goal, and at this point being open-minded is more natural to you. At first, you have to work at letting new ideas become accepted in your mind, but after a while it becomes part of you. Before God helped me to learn this idea of being open-minded I was rebellious. I would always try to do things my own way, and I got nowhere. I was so

hardheaded that I could not admit the fact that I needed help. During the course of the day, I check myself to make sure that I am not closing out any ideas that might help me to become a better individual. Today, I am very grateful to the Holy Spirit. I speak with Him as though He is right here with me, and He is. I ask Him to give me new ideas and He does. This is not only for me, but for others also. All you must do on a daily basis is to ask God to teach you how to proceed. Once you have something that works, it has been proven, people will start once again. Remind God that you need to learn more about being open-minded. He will recognize that you have humbled yourself, and He will teach you. Please ask God to help you. He would be more than happy to do it. It pleases Him to see you prosper. God wants to help you, so please ask Him. I don't want to sound redundant, but at times I like to plead with you because I know that Jesus wants the best for you. I realize that I don't know you, however, Jesus Christ knows you and loves you and I love you. Ask God to give you an attitude

that will enable you to succeed. That is God's will for you. **Ask and you shall receive.**

## **CHAPTER 7**

## **Forgiveness**

This last chapter is truly a life changing experience. How to forgive people? This topic alone can be developed into another book, but I will briefly illustrate some points on this subject. Forgiveness is a subject that can set you free from any hidden or suppressed anger. We must learn this topic. What is the basis for learning anything new? The answer would be to do it the way you have been taught, and work hard. Just try and imagine that you have a brand-new toy, and that you are learning to use it for the very first time. (Remember that you are never too old to have a new toy.) Forgiveness is wonderful that's why they call Jesus the wonderful counselor. He has forgiven us of our sins. No matter how many immoral acts we might have thought about, or how many we have actually committed – remember that Jesus the

Christ has forgiven you. (That is of course, if we have repented from our heart)

This is the reason a person feels relieved after asking Jesus Christ into their heart. If they really meant it, they will feel lighter. When you know that Jesus himself has forgiven you a sense of relief comes into your spirit – consequently, you feel born again! What a wonderful friend we have in Jesus. He forgave all of those people for crucifying Him. He meant it when He said to His Father "Father, forgive them for they know not what they do." Jesus wasn't just saying those words, He meant them. That's why it was so effective. Jesus pulled from His heart, not just merely speaking out loud. God heard His heart. When you know that someone has done you wrong, try to forgive them. We have been taught since childhood that if someone does us wrong that we should take vengeance. If you think like this, you will always be a loser. Don't take vengeance, 'let it go'. Put your pride to the side. The average human wants to take vengeance after they have been hurt by someone. It sounds logical to the human

mind. But, you must always remember our greatest example, Jesus Christ. He forgives. They crucified Him as a common criminal and He forgave them. Perhaps you have been hurt by your friends. Forgive them. I can write this material due to the experiences which I have had. For example, let's say that you revealed something that was private about your life to someone you trusted. You reveal your secret. Everyone has a secret that they think they are going to the grave with. I revealed my secret to someone I trusted. I did this in order to clean house completely. It worked. I have nothing to hide from anyone. My closet is clean as a whistle. This I did without any fear. Only to find out that I had made a great mistake. Guess what, we learn from our mistakes.

The Bible says in: ***Proverbs 11:13 “A talebearer reveals secrets: but he that is of a faithful spirit conceals the matter.”***

After reading this verse, I then realized what type of spirit was being carried by

anyone who could not retain private information. I carried this dissolution with me for many years. But I had to forgive. It's been a long time, and I have forgiven them. Needless to say, that I have learned not to reveal certain things. Nevertheless, I'm clean. There are many faithful people who you can confide in. Unfortunately, I picked the wrong person. It's important to be able to hold certain confidential matters to yourself. This is the only way God can open doors in high places. Why is it important to forgive? Because unforgiveness will cause disease, and kill your tranquility. I had to always remember what Jesus said, "forgive them." it was hard, but it was accomplished.

### **Recognize This Important Statement**

When you don't forgive others, the goal that you have written has the capacity to die. Don't let this happen to you. Also, don't underestimate this statement. Your goal should have top priority, and should be

more important than harboring those that resent it.

### **God Forgave and Forgot**

Jesus Christ has not only already forgiven you, but He has also forgotten about your previous sins. Let's see what the word of God has to say about this matter:

**Isaiah 43:25: “I, even I, am He that blotted out your transgressions for mine own sake, and will not remember your sins.”**

In this particular statement, we can easily realize that God is making a statement of reconciliation to all that believe in Him. His love towards mankind is projected in this resounding illustration, and His everlasting forgiveness is received without hesitation. God has not only forgiven us, but has erased our sins from His books. He said that He will not remember them. This is very critical because when you realize that God is on your side, your goal becomes a

project which will come to fruition in a matter of time. Now that you are reconciled to your Heavenly Father, you become a new creature.

### **Why Does God Forgive You?**

God the Father forgives you for a very simple reason. Many people have tried to complicate this particular issue. The Bible clearly states in:

**John 3:16 “For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life.”**

The very following verse goes on to say: **“For God sent not His Son into the world to condemn the world; but that the world through Him might be saved.”**

This is saying that Jesus Christ is on your side, and that He is not your enemy. What does condemn mean? Condemn means to express strong disapproval. It also means

to sentence to punishment. Furthermore, it means to pronounce to be guilty.

Now we can see, if Jesus Christ came not to condemn the world, then I don't have to feel guilty anymore. Perhaps, I was carrying a sense of guilt which I did not have to carry. My current job is to try and forgive myself. A realization must take place within the annals of your mind that your previous errors were only errors. You must commit to accepting the fact that sins committed in the past were only done through ignorance. It wasn't your fault. If you're ignorant of a certain issue in life, it is not expected that you elaborate on the matter. However, once you have understanding about the subject, you can teach and instruct others in this area. Please don't try and reason things out, and then say to yourself that it was you who committed the act of sin.

*Stop beating yourself up, and forgive yourself.*

The reason I am insisting that you forgive yourself is because Jesus Christ taught us a great lesson.

**In the book of Matthew 6:14, Jesus enlightened us with a profound conclusion. *He proclaimed that “...if you forgive men their trespasses, your heavenly Father will also forgive you.”***

Notice that Jesus didn't say to forgive only church members. He said if you forgive men (others) then the Father will forgive you. He was referring to mankind.

### **What is a trespass?**

Trespass:

1. An unlawful act causing injury to the person, property, or rights of another, committed with force or violence, actual or implied.
2. An offense, sin, or wrong.

These statements show us that God said if we forgive others, He will forgive us regardless of the offense which has been

committed. You could have injured someone in the past, and now God is saying: “My child, I love you, and I forgive you.” You mean to tell me that God forgives me of the injury that I have caused that person? Yes, He has! All you have to do is to remember to forgive others when they do wrong to you. It might not be easy to do at first, but at least you will know that you are doing what God wants you to do.

### **Property Damage**

Yes, my friend, it is time that you begin to feel free. God has forgiven you of the property damage which you caused in the past. I know it was a big stumbling block in your life, but God’s goodness has released you of this today. Paul wrote over ten books of the new testament. Paul didn’t feel sorry for himself. He simply recognized that he had been doing the wrong things in the past, and how he had to change. Be like Paul, and recognize that change must take place.

## **A Must To Keep Remembering**

It is important to remember what God has done for you. Don't take God as some kind of fool. In other words, now that He has forgiven you, a change in your life must take place. It is extremely important: it is ***a must to keep remembering*** where and how you used to be. Always acknowledging that you now have a clean slate. The reason that it is important never to forget about God's goodness is because there will be people that will do you wrong in your life. Now that you have been freely forgiven by the Almighty, you have to forgive them. There are no options here. If you want to stay forgiven by God, you must continue, for the rest of your life, to forgive others. As you progress toward your goal, you will have a peace of mind that passes all understanding. All things are possible with God. From this point on you will learn to forgive others. It will come natural to you

because you have a new outlook on life. Many people probably have hurt you in many areas. We must start immediately and begin to realize that you should not give them any place in your mind. They are not that important for you to be thinking about. Don't let the prejudicial attitudes of others affect your current mental status. Be happy, and go get your goal. Thereby, attaining an accomplishment your personal life. It's hard at times to forgive others, especially after they have done you harm. Sometimes a person has hurt your personal life. It's hard at times to forgive others, especially after they have done you harm. Sometimes a person has done us wrong, and we can't forgive them all at once. All you can do at this stage is to ask God to show you how to forgive them. It's hard to ask God something like this because we don't like forgiving people

### **The Final Step is Very Important**

You are going to be a great success. You deserve it. God says that you deserve it. In

order to achieve this, the next principal must be adhered to. The Bible says:

**Colossians 3:13**

**“Forbearing with one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also you do.”**

Let's analyze this statement:

Forbear - To be patient or self-controlled when subject to annoyance or provocation.

Notice how the Bible says to put up with those that annoy you, and provoke you. We can see that this letter was given to the church at Colosse. The Apostle Paul was letting the people attending this church know that they should put up with each other. This is important for us to know because when we visit a church we can forbear anyone. And when you are a member of a church, you can learn to put up with any ignorance around you do to the establishment of the word of God in your

mind. Perhaps you will visit churches where you can clearly hear that the spokesman has no formal education, yet you can forbear this and see the good in the room. Don't get discouraged when you visit a place. Always for bearing the ignorance of man. Always know that you follow God. As we continue to analyze this verse, we see that we are to forgive one another. That's right! Don't let the indiscretions of others stop you from becoming who you really are. That's why it is important to follow God, and know in your heart that you are following God.

### **REACH YOUR GOAL: YES YOU CAN**

Right now is the right time. Right now is your time. Don't let the manipulation used by people stop to you. Grow up. That's right. Get real. No one will succeed for you. Unless you make an effort to go after your goal, no one will make the effort for you. Go get what belongs to you. Forbear and forgive the trials which you encounter in everyday living.

And now the final part of the verse states:  
***“If any man have a quarrel against any:  
even as Christ forgave you, so also you  
do.”***

Let the quarreling fools quarrel among themselves. Don't you realize by now that the people who are doing the quarreling are people who have no hope for a future. The reason they quarrel is to release their frustrations. Forgive them and go on! You go and reach your goal!!! They will still be in the same place ten years from now.

### **Keep Your Joy**

Don't let unforgiveness steal your joy. This is a very hard step, but we will overcome. Unforgiveness will try to hide in your heart very discreetly. This is why you must check yourself to see who you have to forgive. Perhaps no one, but check yourself anyway. Remember that unforgiveness is a goal killer. If you are stubborn about checking yourself to see if maybe you

should forgive someone, there is a strong possibility that you are harboring resentments. If you find out that within yourself there is a person whom you have to forgive, say their NAME OUT LOUD. You don't have to shout their name, but you must hear yourself say it. For example, I forgive John in the name of Jesus. You must say their name out loud. Maybe you will have to repeat this process a few times. At first you will react by thinking that this is nonsense. But it works wonders!

The unforgiveness will go away. Please, for Jesus' sake, don't procrastinate in this area. Do this right away. This has worked for me, and it will work for you.

I sincerely hope and pray that somehow this bit of information, which I have shared, is of some use to you.

Always remember that God wants the very best for you, and your loved ones. He said that **He will never leave you nor forsake you.**

God said this in order for you to be able to say, ***"The Lord is my helper, and I will not fear what man shall do unto me."***

## **REACH YOUR GOALS: YES YOU CAN**

### **PRAYER OF SALVATION**

I pray that these principles work in your life as well as they have worked in my life. I asked Jesus for forgiveness and I repented of sin. Likewise, you must recognize that you are a sinner. Jesus will enter your heart, and restores your life. Repeat these words with me.

"Lord Jesus I recognize that I am a sinner. I pray that you forgive me of all my sins and ask you to come into my life. Fill me with your Holy Spirit and take me step by step to know more. Thank you for a new beginning and opportunity. In the name of Jesus"

If you prayed this prayer and you have time, write me a note.

[info@drfernandogaray.com](mailto:info@drfernandogaray.com)

Also, if you are interested in more books from this ministry they can be found at

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*“How to Reach Your Goals”*